

A scenic outdoor dining table set in a grassy field with trees in the background. The table is covered with a white tablecloth and is set with plates, glasses, and bottles. There are several folding chairs around the table. The background shows a dense line of trees under a clear sky.

*The*  
SPRING  
GUIDE

TO NASHVILLE, TN

MICHELLE KNUTSON REAL ESTATE



# Hey there, *I'm Michelle*

I'm a Nashville real estate advisor, LA-raised and Nashville-based. I help clients relocate with clarity and confidence, blending West Coast refinement with Southern hospitality.

This guide is my way of sharing the Nashville I truly love. The restaurants worth lingering in, the neighborhoods with personality, and the small businesses that make this city feel like home.

*Michelle*

## *a few things I love about Nashville*



*finding the best mocktails*



*side by side rides at the ranch*



*tasting every matcha in town!*

SPRING 2026 EDIT

# SPRING *bucket* LIST



- Pick up fresh pastries from Dozen Bakery
- You-Pick flowers at Bloomsbury Farm
- Catch a show at Ryman Auditorium
- Buy local at Nashville Farmers' Market
- Try a spring brew from Mill Creek Brewing Co.
- Explore Cheekwood Estate & Gardens
- Pack a picnic for The Park at Harlinsdale Farm
- Eat on the patio at Butchertown Hal
- Walk the 12 South neighborhood
- Wine tasting at Arrington Vineyards
- Volunteer at Second Harvest Food Bank
- Museum day at Frist Art Museum
- Attend the Main Street Festival
- Attend a Nashville Sounds baseball game

# EVENTS *this* SEASON

## MARCH

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Nashville Predators  
Bridgestone Arena

Cheekwood in Bloom  
Cheekwood Estate &  
Gardens

SEC Men's Basketball  
Tournament  
Bridgestone Arena

Nashville Symphony  
Schermerhorn  
Symphony Center

Nashville Farmers'  
Market Spring Season  
Opening Day

Pilgrimage Music &  
Cultural Festival -  
Spring Community  
Pop-Up

## APRIL

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Nashville Cherry  
Blossom Festival  
Public Square Park

Nashville Film Festival

Franklin Rodeo

Cheekwood  
Enchanted Castles

Franklin Main Street  
Festival  
Historic Downtown

Brentwood Farmers  
Market Season  
Opening

Nashville Symphony  
Pops Series

East Nashville Beer  
Festival

## MAY

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Iroquois Steeplechase  
Warner Parks

Brentwood Summer  
Concert Series  
Crockett Park

Franklin Art Scene  
Historic Downtown

Nashville Symphony  
Movie in Concert  
Series

Musicians Corner  
Centennial Park

Nashville Ballet  
Spring Performance

Sevier Park Fest

# SPRING *eats* *and* DRINKS

## COFFEE

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OSA Coffee Roasters

Elegy Coffee

Dose

Flora + Fauna

## RESTAURANTS

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Rolf & Daughters

Sushi San

Folk

Le Loup

## DRINKS

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Le Loup

Arrington Vineyards

Tailgate Brewery

Patterson House

## SWEETS

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Van Leeuwan

Jeni's Ice Cream

Five Daughters

Baked on 8th



# NEW *and* *coming* SOON

Bell Bird Books - indie bookstore opening in Wedgewood Houston spring 2026

Bower - design-forward luxury nail salon coming to Wedgewood Houston

Culture Club - frozen Greek yogurt café set to debut in spring 2026

Zaytinya - José Andrés mezze restaurant now open inside W Nashville

51st Deli - all-day deli opens in Brentwood with bagels & sandwiches

Eataly - Italian marketplace & café rumored for Nashville Yards

Cecconi's - modern Italian dining planned for Wedgewood Houston

Prince Street Pizza - NY-style pies opening in 5th & Broadway spring 2026

Saap Saap Thai - modern Thai street food expanding to 12 South

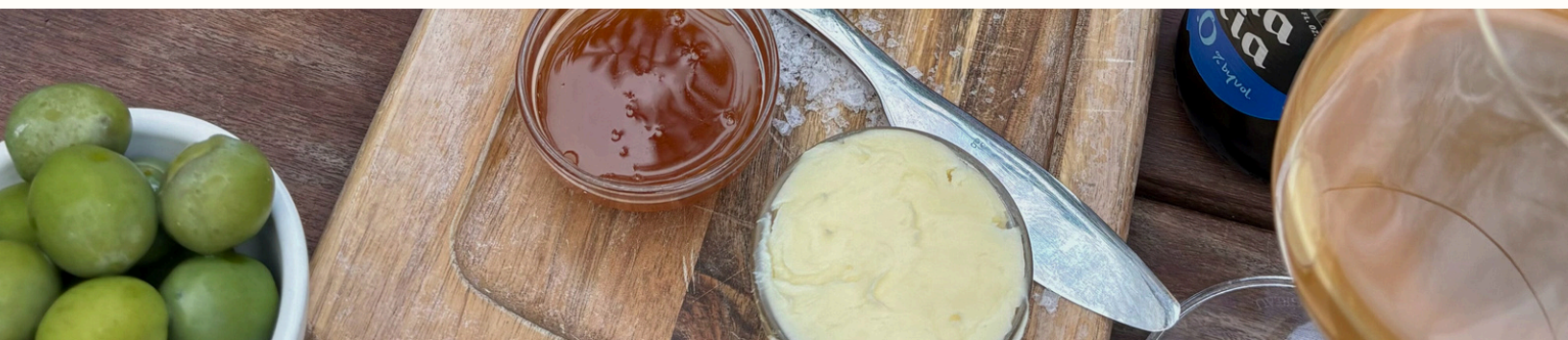
The Henry - upscale American restaurant coming to Downtown in 2026

Two Hands - Australian café bringing brunch + matcha to East Nashville

NeueHouse - private creative club planning Nashville location

Pop-Up Bagels - in from NYC with custom schmears now in The Gulch

The Maddux - boutique hotel + rooftop bar coming to The Gulch



# SPRING *day* FAVORITES

## SOAK UP THE SUN

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Picnic at Centennial Park  
Patio drinks at The Henry  
Stroll along Radnor Lake  
Browse Nashville Farmer's Market  
Explore Cheekwood

## GET MOVING

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Hike Seven Galls  
Bike the Greenway  
Play a round at McCabe  
Float or Kayak the Harpeth  
Book a class at BODYROK

## EAT & DRINK AL FRESCO

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Patio dining at Rolf & Daughters  
Patio dining at Sushi San  
Ice cream Jeni's 12South  
Food trucks in Charlotte Park  
Winery day at Arrington

## INDOOR ACTIVITIES

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Catch a show at Zanies  
Pottery class!  
Browse the Factory at Franklin  
Brewery tour at TailGate  
Escape room/aquarium/museum



# CELEBRATE *mother's* DAY

## RESTAURANTS

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Henrietta Red  
The Pink Hermit  
RH Courtyard Restaurant  
The Garden at The  
Optimist

## SELF CARE

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Treatment at Franklin Skin  
Studio  
Massage at The Now  
Mani + pedi at Southall  
Blow out at Sage Hair

## FLORISTS

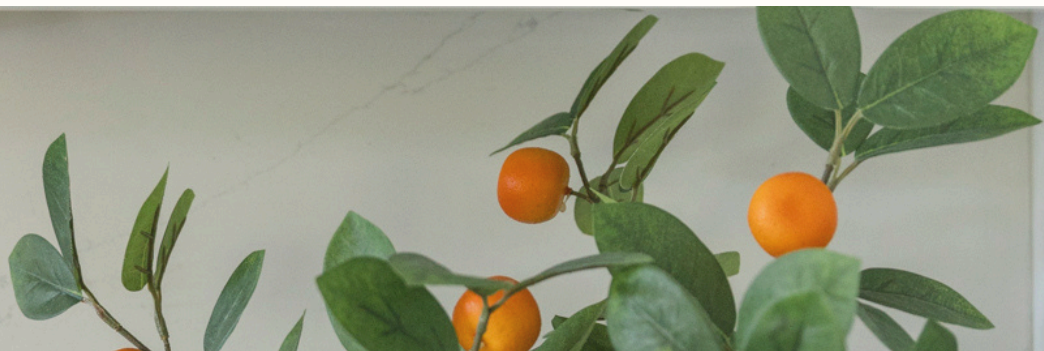
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Rose Hill Flowers  
Amelia's Flowers  
FLWR Shop  
Import Flowers  
The Bloom Room

## ACTIVITIES

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Stroll through 12South  
Pilates class at Forza Pilates  
Sweet treat from Baked on  
Eighth  
Coffee from La La Land



# FARMERS *markets*

## NASHVILLE

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*Saturday & Sunday*  
900 Rosa L Parks Blvd

## 12 SOUTH

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*Tuesday*  
Sevier Park

## RICHLAND

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*Saturday*  
4711 Charlotte Ave

## FRANKLIN

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*Saturday*  
The Factory at Franklin

## WESTHAVEN

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*Wednesday*  
Westhaven Lake

## BRENTWOOD

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*Sunday*  
7100 Executive Center Dr



# SPRING *stays* & GETAWAYS

## GETAWAYS

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BLACKBERRY FARM | 3 hrs

A luxurious resort retreat combining wellness, world-class cuisine, and pastoral tranquility

CHATTANOOGA, TN | 2 hrs

Known for: A walkable mountain-meets-river city with arts, food, and hiking



## LOCAL STAYS

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Southall Inn & Farm  
Harpeth Hotel  
The Hermitage Hotel  
Drift Hotel





# Wishing you a great Spring in Nashville

I hope this guide inspires you to get out and enjoy everything Nashville has to offer this season.

And if you need help buying, selling, or relocating, I'm here to be a resource.

*Michelle*

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## REACH OUT!

Have questions about real estate in Nashville? You don't have to be ready to buy or sell to get in touch! Send me an email or schedule a call below.

[SCHEDULE A CALL](#)