
MODERN MOMS

KAT
PRESSLY

Realtor
C&K Properties

Kat Pressly knows real estate. Her career path was shaped by her own life experience - moving frequently during her husband's baseball career. Although Kat was born and raised in Houston, she's lived many places, including New York, San Diego, Los Angeles, Minnesota, and Dallas. During those transitions she relied heavily on agents to help her find homes in new cities - and learned firsthand how impactful great service can be - and how overwhelming the process can feel. "That's what originally inspired me to become an agent. I wanted to create a more thoughtful, seamless experience for my clients during a major life transition."

To me, real estate is about more than just buying or selling; it's about helping people feel at home," Kat explains. "It motivates me being part of meaningful moments in my clients' lives, while also building a career and setting an example for my kids. I'm lucky to be back in Houston, it means so much to raise my children in the same city I grew up! With two kids, our son Wyatt (4½) and our daughter Hunter (3½), life is both full and fun! One valuable lesson I've learned is that my time belongs to me, and being "Superwoman" isn't possible. To be a present mom and a great agent, it's important to set boundaries and get comfortable saying no. My advice for modern moms is to take care of yourself first. It's not selfish, it's necessary. I've found when I take time for myself, I always come back more present, more patient, and better, both as a mom and in my career."

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