

Wellness *Makeover*

LET'S APPLY IT AT HOME →

SEND

@HOLLYPERKS4

SAVE



NO. 1

Indoor Plants

These aren't just decorative. They're mood lifters and air purifiers rolled into one. Adding a few green friends like spider plants or aloe vera can transform the feel of your home.

NO. 2

Humidity Levels

It's all about balance. Too dry or too humid, and your comfort takes a hit.

A simple humidifier or dehumidifier can make your home feel just right.

NO. 3

Zen Spot

This is your personal retreat within your home. A corner for meditation, reading, or just unwinding with a cup of tea. This little spot can be your sanctuary for daily tranquility.

NO. 4

Declutter

Think of decluttering as detoxing your home. It's about creating a space that breathes positivity and efficiency. Less clutter means less stress and more joy.

NO. 5

Right Lighting

Soft, layered lighting from lamps or natural sources can create a warm, inviting atmosphere. It's about ditching the harsh overheads for an easy-on-the-eyes glow.



Hi, Holly!

If you're looking to buy or sell a home that embodies these wellness principles, I'm here to help you find that perfect space. I'd love to help.



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